

Minatare Public School Breakfast and Lunch Menu for October

All meals are served with milk.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3. Brkfst: Cereal, toast, juice Lunch: Popcorn chicken, broccoli & cauliflower, peanut butter & honey sand, fruit	4. Brkfst: Egg-Tac-go, fruit Lunch: Biscuits w/sausage gravy, hash browns, sausage patty, fruit	5. Brkfst: 10:00AM Late Start No Breakfast Served Lunch: Lasagna, tossed salad, breadsticks, fruit dessert	6. Brkfst: Hot cereal, cinnamon toast, juice Lunch: Tostados, corn, fruit, cookie	7. Brkfst: Breakfast burritos, fruit Lunch: Sloppy joes, potatoes, baby carrots, pudding
10. Brkfst: Cereal, toast, juice Lunch: Beefy nachos, refried beans, fruit, cake	11. Brkfst: Egg patty, sausage links, toast, juice Lunch: Breaded beef patty, mashed potatoes/gravy, hot rolls, fruit	12. Brkfst: Pancakes, fruit Lunch: Chicken alfredo, green beans, bread stick, fruit	13. Brkfst: Hot cereal, breakfast bar, juice Lunch: Burritos w/cheese, corn, tossed salad, fruit	14. Brkfst: Cinnamon raisin biscuit, fruit Lunch: BBQ meatballs, cheesy hashbrowns, bread & butter, fruit
17. Brkfst: Cereal, toast, juice Lunch: Hot dogs, baked beans, chips, fruit	18. Brkfst: Scrambled eggs, toast, juice Lunch: Taco salad, corn, fruit, brownie	19. Brkfst: French toast, fruit Lunch: Ham & scaloped potatoes, peas, hot roll, fruit dessert	20. Brkfst: Hot cereal, donut, juice Lunch: Chicken noodle soup, grilled cheese sand, baby carrots, fruit	21. Brkfst: Muffins, cheese stick, fruit Lunch: Italian meat squares, green beans, chips, fruit
24. Brkfst: Cereal, toast, juice Lunch: Spaghetti, tossed salad, bread sticks, fruit	25. Brkfst: Egg cup w/bacon bits, toast, juice Lunch: Chicken fajitas, corn, fruit, cookie	26. Brkfst: Waffles, fruit Lunch: Breaded pork patty, mashed potatoes/gravy, hot rolls, fruit	27. Brkfst: Hot cereal, pop tart, juice Lunch: Cheese burgers, French fries, fruit, cookie	28. Brkfst: Sausage, egg, & cheese biscuit, fruit Lunch: Grilled ham & cheese sand, potatoes, fruit, cake
31. Brkfst: Cereal, toast, juice Lunch: Chicken nuggets, green beans, fruit, congo bar				ELEMENTARY ONLY NO SCHOOL GRADES 7-12